

Learn to Sail

Next course starts on Saturday 11 February

Places are limited

Murrays Bay Sailing Club run an 8 week Learn to sail program for beginners aged 9-13 years old.

Lessons are twice a week

- Wednesday 4.30pm – 7.30pm
- Sunday 9.30am- 12.30pm

Sailors complete Yachting NZ Level 1 Certificate

Sailors may continue on to level 2 in term 4



Class of December 2011

Course includes:

Wind awareness	Basic Boat Care	Knots
Parts of the boat and sail	Rigging	
Capsize experience and righting an upturned boat	Swimming with a lifejacket	Launching and Retrieving off the beach
Tacking and Gybing	Upwind sailing and Downwind sailing	Getting out of Irons
Rules and Definitions	Safety	

Contact: Kelly Haybittle by email; polarkiwis@xtra.co.nz